

Parent Guide

Week of August 30



Memory Verse:

"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

John 16:33

Bible Time: Lesson, craft, and game! (20 min)

Read John 16: 28-33, "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

Did you hear that? In this world we will have trouble. **But God is bigger** than the world! You see, God loves you and He goes everywhere you go. You are never alone when you stick close to God.

Today, Jesus is with God in Heaven and He is fully alive. Even though we cannot see Him, He is still present with us. **In John 16**, Jesus is hanging

out with His disciples. He knows He is going to die and leave His friends. He also knows His disciples are going to be really sad! So, He tells them about the future that He will be with them wherever they go. Remember what Jesus says, "I have told you these things, so that **in me you may have peace**. In this world you will have trouble. But take heart! I have overcome the world."

Life can sometimes be hard. Jesus himself tells us that. Instead of promising that we won't ever have trouble Jesus reminds us to not be afraid when we have trouble because He has overcome the world! Never lose heart... God is always with you!

Activity: See the worksheet below! Sometimes we may feel sad or alone, just like the disciples did when Jesus left. But when we learn how to trust God even when life gets hard, we can overcome! Use this worksheet to learn about how we can sort out some of our emotions that you might be feeling.

Game: Trust Activity! Supplies: Plastic sandwich bag filled with water, sharp pencils, and someone willing to trust! Hold the water-filled bag over a child's head, and ask if they have faith that they won't get wet. Then, stab the SHARP pencil all the way through the bag! Then, stab as many pencils through as you can!

Think about what it feels like if friends move away, family members get sick, or our pet gets hurt. It's hard. Trusting God is a bit like trusting that you wouldn't get wet when the bag of water was over your head. **We CAN trust God**, even when it seems like everything is going horribly wrong. He loves and cares for us and gives us peace.

Extras: Check out our Facebook pages (Capital Kids SLC Families or Capital Kids Park City Families) and our Youtube Channel: Capital Church Kids for more videos, songs, and resources!

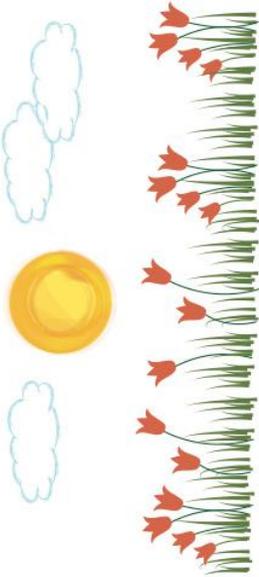
Pray: Dear God, thank you for sending Jesus down to the world to remind us that you are always with us! Amen.

Name _____

Date _____

Emotions Are Like the Weather

Directions: Fill in the weather and matching emotion.



The weather is _____

The emotion I feel is _____

sunny

happy

Draw a picture of the weather for excitement.

The weather is _____

The emotion I feel is _____

excited



The weather is _____

The emotion I feel is _____

cloudy

sad

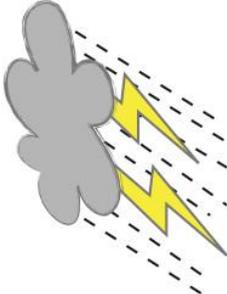


The weather is _____

hot and sunny

The emotion I feel is _____

angry



The weather is _____

stormy

The emotion I feel is _____

nervous

Draw a picture of the weather for love.

The weather is _____

The emotion I feel is _____

love