

Parent Guide

Week of September 27

Memory Verse:

Trust in the Lord with
all your heart and lean
not on your own
understanding; in all
your ways follow Him,
and He will make
your paths straight.
Proverbs 3:5-6

Bible Time: Lesson, craft, and game! (20 min)

Do you remember what it means to be a disciple? A disciple was one who follows a teacher. Discipleship is the way one person can learn from another person. Jesus and his friends (or disciples) lived life together and his disciples learned how to live life by listening and following Jesus' instruction.

Open your Bible to the book of John, chapter 16. Jesus is hanging out with His disciples. He knows He is going to die. He also knows His disciples are going to worry! Because of this, He warns them about the future, He tells them where, when and why He is going, and He makes sure that they know that they are not alone.

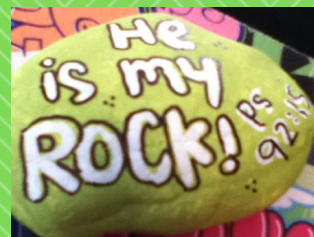
Read John 16:12, 16-18. Jesus went on to say, "In a little while you will see me no more, and then after a little while you will see me." Some of his disciples said to one another, "What does he mean by saying, 'In a little while you will see me no more, and then after a little while you will see me,' They kept asking, "What does he mean by 'a little while'? They didn't understand what Jesus was saying.

Sometimes we don't understand why troubles or disappointments come into our lives, but we know that God is good and that we are never alone. We can be courageous because Jesus showed us how to be. In verse 33, Jesus says, "I have told you these things, so that in me you may have **peace**. In this world you will have trouble. But take heart! I have overcome the world." He wants his disciples to **trust Him** even when they don't know what His plan is!

God can bring good out of the worst troubles. He says that there will be trouble, but He also says, "Take heart!" **Take heart** means to be confident or courageous in a difficult situation. It means don't worry! Be brave! You've got this! You can do this! But there's more to it.... because Jesus says, "Take heart (because) I have overcome the world." You see... we don't have to be brave alone. We aren't fighting troubles alone. We can be courageous and tough because Jesus showed us how to be. He chose to die on that cross for our sins. He rose again three days later to prove that He can overcome ANYTHING!!!! Overcome means to win over something. If He can overcome death, He can overcome anything!!!! And we can too, with Christ.

Craft: Jesus is MY Rock Art! Find a nice round rock and paint it. Once it is dry, use a sharpie pen to write your favorite Bible verse on it. Like Proverbs 3:5, "Trust in the Lord with all your heart." Place your rock in a place that will remind you that YOU are never alone. Take heart! Jesus is with YOU!

Extras: Check out our Facebook pages (Capital Kids SLC Families or Capital Kids Park City Families) and our Youtube Channel: Capital Church Kids for more videos, songs, and resources!



Pray:

Jesus, help us to put our faith and trust in you when we are afraid or disappointed. Amen.