

# צַר PSALMS

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## PSALM 4:1

Answer me when I call to you,  
my righteous God.  
Give me relief from my **distress**;  
have mercy on me and hear my prayer.

## PSALM 18:6

In my **distress** I called to the LORD;  
I cried to my God for help.  
From his temple he heard my voice;  
my cry came before him, into his ears.

## PSALM 20:1

May the LORD answer you when you are in **distress**;  
may the name of the God of Jacob protect you.

## PSALM 22:11

Do not be far from me,  
for **trouble** is near  
and there is no one to help.

## PSALM 25:17

Relieve the **troubles** of my heart  
and free me from my anguish.

## PSALM 25:22

Deliver Israel, O God,  
from all their **troubles**!

## PSALM 31:7

I will be glad and rejoice in your love,  
for you saw my affliction  
and knew the **anguish** of my soul.

## PSALM 31:9

Be merciful to me, LORD, for I am in **distress**;  
my eyes grow weak with sorrow,  
my soul and body with grief.

## PSALM 32:7

You are my hiding place;  
you will protect me from **trouble**  
and surround me with songs of deliverance.

## PSALM 34:6

This poor man called, and the LORD heard him;  
he saved him out of all his **troubles**.

## PSALM 34:17

The righteous cry out, and the LORD hears them;  
he delivers them from all their **troubles**.

## PSALM 46:1

God is our refuge and strength,  
an ever-present help in **trouble**.

## PSALM 50:15

"Call on me in the day of **trouble**;  
I will deliver you, and you will honor me."

## PSALM 59:16

But I will sing of your strength,  
in the morning I will sing of your love;  
for you are my fortress,  
my refuge in times of **trouble**.

## PSALM 69:17

Do not hide your face from your servant;  
answer me quickly, for I am in **trouble**.

## PSALM 71:20

Though you have made me see **troubles**,  
many and bitter,  
you will restore my life again;  
from the depths of the earth  
you will again bring me up.

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## נצ PSALMS (CONTINUED)

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### PSALM 77:2

When I was in **distress**, I sought the Lord;  
at night I stretched out untiring hands,  
and I would not be comforted.

### PSALM 86:7

When I am in **distress**, I call to you,  
because you answer me.

### PSALM 91:15

"He will call on me, and I will answer him;  
I will be with him in **trouble**,  
I will deliver him and honor him."

### PSALM 102:2

Do not hide your face from me  
when I am in **distress**.  
Turn your ear to me;  
when I call, answer me quickly.

### PSALM 107:6

Then they cried out to the LORD in their **trouble**,  
and he delivered them from their distress.

### PSALM 107:13

Then they cried to the LORD in their **trouble**,  
and he saved them from their distress.

### PSALM 107:19

Then they cried to the LORD in their **trouble**,  
and he saved them from their distress.

### PSALM 107:28

Then they cried out to the LORD in their **trouble**,  
and he brought them out of their distress.

### PSALM 116:3

The cords of death entangled me,  
the anguish of the grave came over me;  
I was overcome by **distress** and sorrow.

### PSALM 119:143

**Trouble** and distress have come upon me,  
but your commands give me delight.

### PSALM 120:1

I call on the LORD in my **distress**,  
and he answers me.

### PSALM 138:7

Though I walk in the midst of **trouble**,  
you preserve my life.  
You stretch out your hand against the anger of my foes;  
with your right hand you save me.

### PSALM 142:2

I pour out before him my complaint;  
before him I tell my **trouble**.

### PSALM 143:11

For your name's sake, LORD, preserve my life;  
in your righteousness, bring me out of **trouble**.

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