



Capital Church Ministries and Groups



Small Groups

Partnering with one another is essential to our discipleship journey. Small Groups provide an avenue for us to experience life together and grow in spiritual friendship with others. If you have a passion to lead or host a group, attend our training and join the team. **Volunteers serve for a minimum of one trimester (10 weeks).** [Contact: Kim Perry](#)



Women's Ministry

Capital Women empower one another to engage in deeper relationship with Christ and with each other. Serving opportunities include helping to plan and execute women's events and/or leading our women's small groups and If:Tables. [Contact: Kelly Preston](#)



Men's Ministry

Capital Men's ministry exists as an avenue to connect with other guys while journeying toward a Christ-centered life. The ministry holds various Bible Studies and events throughout the year in both Park City and Salt Lake. Involvement in this ministry ranges from leading a men's small group to helping with men's events. [Contact: Rick LaPlante](#)



Marrieds & Couples Ministry

Our Marrieds & Couples ministry exists to help deepen your relationship with God and with each other. We believe one of the healthiest and most fruitful ways of journeying with Christ is by partnering with others. Our Marrieds & Couples ministry exists to help deepen your relationship with God and with each other. [Contact: Kelly Preston](#)



Forward

Forward is our ministry for college students and young adults. Forward invites dedicated volunteers who are passionate about investing in the lives of college students as they grow in faith digging into their identity, belonging, and purpose in Christ.

[Contact: Forward Leadership Team](#)



MOPS

MOPS International encourages and equips moms of young children to realize their potential as mothers, women and leaders, in relationship with Jesus, and in partnership with the local church. MOPS is always looking for mentor moms who are ahead of them on this journey and welcome their participation and instruction. There is also a need for childcare workers.

[Contact: Kelly Preston](#)



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Venture

This group is for people who are 50+ years old. They meet monthly for after-church lunches, sports events, or outdoorsy kinds of fun. They also love to serve the community together, as well as connect on a deeper level as we share life together. If you're interested in planning events or working behind the scenes, this may be your area to serve. [Contact: Cherie Wallace](#)



Capital Kids

Our Capital Kids Ministry (newborn – 5th grade) empowers our kids to continue their journey, growing in their knowledge of God while diving into the Bible. From the earliest age, nursery through toddlers experience the love of God through caring volunteers who provide a safe and nurturing environment. Kindergarten through young elementary kids learn simple, foundational truths, reinforcing the character of God. Our upper elementary kids engage in curriculum that challenges them to apply God's word to their own lives. [Contact: Capital Kids Team](#)



Capital Students

Our Capital Students Ministry seeks to create environments through which students can experience God and see him at work in their lives. Being a student is a unique season of life, wrought with challenges and experiences unlike any other. We work to provide a place where students can learn that faith is fun while challenging them to know God more and go deeper in their relationship with him as they learn to be Christ-centered disciples. **Background check required. Volunteers serve weekly.** [Contact: Capital Students Team](#)